

## Using The Rosary Beads



1. Sign of the Cross & The Apostles' Creed Prayer
2. The Our Father Prayer
3. The Hail Mary Prayer (x3)
4. The Glory Be to the Father
5. The First Mystery followed by the Our Father Prayer
6. The Hail Mary Prayer (x10)
7. The Glory Be to the Father
8. The Second Mystery followed by the Our Father Prayer

The Prayers – when we use the rosary we will be saying these prayers:

**The Apostles' Creed:** I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. AMEN

**The Our Father:** Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation but deliver us from evil. AMEN

**The Hail Mary:** Hail Mary, full of grace. The Lord is with thee. Blessed art thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. AMEN

**The Glory Be:** Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. AMEN

**The Hail Holy Queen:** Hail, Holy Queen, Mother of Mercy; hail our life, our sweetness and our hope. To you we cry, poor banished children of Eve. To you we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, your eyes of mercy towards us, and after this our exile, show to us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O Holy Mother of God. That we may be made worthy of the promises of Christ. AMEN

My Rosary Book

The Joyful Mysteries

- I. The Annunciation
- II. The Visitation
- III. The Nativity
- IV. The Presentation of our Lord
- V. Finding Jesus in the Temple

The Mysteries of Light

- I. Baptism of Jesus
- II. The wedding at Cana
- III. Jesus preaches about the kingdom
- IV. Jesus is transfigured
- V. Jesus gives us the Eucharist

The Sorrowful Mysteries

- I. Jesus' prayer in the garden
- II. Jesus is whipped
- III. Jesus is crowned with thorns
- IV. Jesus carries his cross
- V. Jesus dies on the cross

The Glorious Mysteries

- I. The resurrection of Jesus
- II. Jesus goes up to heaven
- III. Pentecost
- IV. Mary goes up to heaven
- V. The crowning of Mary

**Praying with the children of the world**

Every day, Christians all over the world say the rosary. You can join them!

Choose your day...

**Mondays and Saturdays:** the joyful mysteries

**Thursdays:** the mysteries of light

**Tuesdays and Fridays:** the sorrowful mysteries

**Wednesdays:** the glorious mysteries

